



KGV


sodexo
at SCHOOL

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at SCHOOL

“ MAKE YOUR VOICE HEARD ”
Every voice matters

GIVE YOUR FEEDBACK TO US



 **SCAN THIS QR CODE**  **SPEAK TO A STAFF MEMBER**

sodexo

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



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Sodexo Hong Kong Website



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

May 26 - 30

WEEKLY MENU



26/05 Monday

27/05 Tuesday

28/05 Wednesday

29/05 Thursday



30/05 Friday



SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm

Meal A \$40 Takeaway \$37 Dine-in	Chicken a-la-king w/ Spaghetti OR Rice 	Beef Goulash w/ Rice	Teriyaki Chicken Steak w/ Rice	Thai Red Curry Pork w/ Rice OR Pita Bread 	Mexican Paprika Chicken & Bean Stew w/ Rice
Meal B \$40 Takeaway \$37 Dine-in	Tomato & Pork Casserole w/ Rice	Creamy Cheese Baked Fish Fillet w/ Rice OR Farfalle 	Braised Beef Brisket w/ Radish, Rice	Beef Stroganoff w/ Rice OR Linguini 	Stir-fried Pork-loin w/ Onion, Rice
Meal C \$37 Takeaway \$34 Dine-in	(Vegan) Braised White Gourd w/ Assorted Mushroom, Rice 	(Vegan) Stir-fried String Bean w/ Dried Tofu, Rice 	(V) Truffle Mushroom Sauce Fusilli 	(Vegan) Braised Wheat Gluten w/ Assorted Organic Veggie, Rice 	(Vegan) Omni-Meat Chili-con-carne Penne
Bowl \$40	Stir-fried U-don w/ Beef 	Shanghainese Soup Noodle w/ Chicken	Barbecued Pork Fried Rice 	Stir-fried Flat Rice Noodle w/ Chicken 	Taiwanese Soup Noodle w/ Beef

LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Smoked Salmon Caesar 	Potato & Chicken Salad in Thousand Island Dressing 	Tuna Nicoise 	(V) Japanese Cold U-don in Sesame Dressing 	(Vegan) Mexican Salad in Lime Dressing
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PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$29	Ham & Cheese 	Chicken & Mushroom 	Carbonara Pizza 	Bacon & Cheese 	Chorizo & Cheese
Pizza B (Vegetarian) \$29	(V) Trio Cheese 	(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara



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Allergens and descriptive icons are displayed on our daily menu,
helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce,
sustainability is incorporated throughout our menus



May 26 - 30

WEEKLY MENU



26/05 Monday				27/05 Tuesday			28/05 Wednesday			29/05 Thursday			30/05 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Chicken a-la-king w/ Spaghetti OR Rice			Beef Goulash w/ Rice			Teriyaki Chicken Steak w/ Rice			Thai Red Curry Pork w/ Rice Or Pita Bread			Mexican Paprika Chicken & Bean Stew w/ Rice		
	176	12	17	186	11	6	156	7	4	179	5	9	129	12	4
Meal B	Tomato & Pork Casserole w/ Rice			Creamy Cheese Baked Fish w/ Rice OR Farfalle			Braised Beef Brisket w/ Radish, Rice			Beef Stroganoff w/ Rice OR Linguini			Stir-fried Pork-loin w/ Onion, Rice		
	190	12	9	145	8	12	124	10	5	183	9	10	154	9	5
Meal C	(Vegan) Braised White Gourd w/ Assorted Mushroom, Rice			(Vegan) Stir-fried String Bean w/ Dried Tofu, Rice			(V) Truffle Mushroom Sauce Fusilli			(Vegan) Braised Wheat Gluten w/ Assorted Organic Veggie, Rice			(Vegan) Omni-Meat Chili-con-carne Penne		
	147	7	5	153	10	7	140	3	13	150	14	5	123	8	6
Bowl	Stir-fried U-don w/ Beef			Potato & Chicken Salad in Thousand Island Dressing			Barbecued Pork Fried Rice			Stir-fried Flat Rice Noodle w/ Chicken			Taiwanese Soup Noodle w/ Beef		
	172	9	5	175	10	13	153	5	3	150	9	4	158	8	9
Salad Box	Smoked Salmon Caesar			Chicken & Mushroom			Tuna Nicoise			(V) Japanese Cold U-don in Sesame Dressing			(Vegan) Mexican Salad in Lime Dressing		
	171	9	12	93	10	4	109	6	6	165	10	5	90	4	2



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